

# FREE Women's Health Talk

## 'A Lifetime of Health made Simple'

Facilitated by Joan Dewe, a Chartered Natural Medicine Practitioner with 25 years experience in nutritional counselling and teaching health professionals around the world with her husband Dr Bruce Dewe.



## WHEN

Tuesday morning  
24th June

## TIME

10:15 for 10:30am start  
finishing 12:30pm

## WHERE

Friends Meeting House  
6 The Friars  
Canterbury  
CT1 2AS  
(Near Marlowe Theatre)

Women of all ages  
welcome

Tea and light  
refreshments provided



INTERNATIONAL

Joan has worked in a medical research institute and was the Principal of the South Pacific Kinesiology College in Auckland, New Zealand. She has co-authored 76 textbooks, including *Super Supplements*, a text which shows the benefits of natural, wholefood supplements and how to combine them safely for the best results, as part of a healthy lifestyle.

Joan has the ability to put difficult concepts into simple language in a way that is entertaining and enlightening. Joan also believes very strongly in preventative medicine and optimising wellness and vitality to re-discover the joy in living.



Presenter - Joan Dewe

MA, NZRK, Chartered Natural Medicine Practitioner

A Health & Wellness Initiative in  
Association with GND International

*Is this you sometimes? Joan will be covering the following topics*

- ❖ Lethargic or worn out
- ❖ Pre-menstrual tension
- ❖ Sore breasts
- ❖ Mood swings
- ❖ Menopausal problems
- ❖ Heavy, painful or irregular periods
- ❖ Weight issues
- ❖ Loss of sex drive
- ❖ Candida, thrush or yeast problems
- ❖ Loss of direction and focus

Please contact Penny Davey to secure your place

Tel: 01795 539050 or 07766 832903 or email: penny@pkp-balance.com